

KAYLEE ANDERSEN

CONTACT

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- 🏠 Kearney, NE

EDUCATION

University of Nebraska at Kearney

Bachelor of Science in Psychology
2018– 2023

Grand Canyon University

Master of Science in Clinical Mental Health Counseling
2024 – 2026

SKILLS

- Active Listening & SOLER Techniques
- Empathy & Unconditional Positive Regard
- Case Conceptualization & Treatment Planning
- Solution-Focused and Cognitive-Behavioral Strategies
- Multicultural Competence & Ethical Practice
- Group Facilitation & Psychoeducation

PROFILE

Motivated Clinical Mental Health Counseling graduate student with a background in psychology, nonprofit family services, and community outreach. Skilled in providing counseling support, supervised visitations, family education, and crisis intervention. Experienced in applying evidence-based counseling techniques, promoting resilience, and advocating for diverse populations. Strong commitment to ethical practice, cultural competence, and leadership in professional counseling settings.

PROFESSIONAL EXPERIENCE

Family Specialist

Compass | 2023– 2026

- Provide supervised visitation services, ensuring child safety and fostering positive parent-child interactions.
- Document detailed service narratives, adhering to agency and state standards.
- Support families with parenting strategies, discipline practices, and coping skills.
- Collaborate with multidisciplinary teams, including case managers and community partners
- Engage in outreach to churches and community organizations to strengthen family resources.

Church Engagement Coordinator

Compass | 2024– 2026

- Cultivate and maintain strategic partnerships with local churches and campus ministries to increase awareness
- Collaborate with interdisciplinary teams to communicate program needs, share success stories, and strengthen community engagement
- Serve as a liaison between faith communities and clinical services while maintaining ethical, culturally responsive, and mission-aligned communication
- Facilitate service projects, such as foster family support initiatives, meal programs, and donation drives in partnership with churches

Counseling Intern

Compass Counseling | 2026 – 2026

- Provided individual counseling and IFP services to children, adolescents, adults, and families using evidence-based interventions.
- Conducted biopsychosocial assessments, developed individualized treatment plans, documented clinical progress, and participated in case conceptualization and DSM-5-TR diagnostic formulation.
- Collaborated with caregivers, foster families, schools, medical providers, case managers, and multidisciplinary teams to coordinate care.
- Maintained ethical and professional standards through HIPAA-compliant documentation, crisis assessment and safety planning, and active participation in individual and group supervision to strengthen clinical skills.

REFERENCES

Available upon request.