

To Whom It May Concern,

It is my pleasure to write this letter of recommendation for Kaylee Andersen. I have had the privilege of supervising Kaylee during her internship at Compass Counseling, where she has provided counseling services in our outpatient clinic while also serving as a therapist on our Intensive Family Preservation (IFP) Team. Throughout her time with our organization, Kaylee has consistently demonstrated exceptional professionalism, compassion, sound clinical judgment, and an unwavering commitment to helping children and families overcome significant challenges.

Kaylee possesses a natural ability to build strong therapeutic relationships with clients from diverse demographics. She creates a safe, welcoming, and nonjudgmental environment where individuals and families feel heard, respected, and supported. Her empathy, patience, and genuine desire to help others have enabled her to establish meaningful rapport, even with clients and families experiencing high levels of stress, trauma, and crisis.

As a member of the Intensive Family Preservation team, she thoughtfully evaluates each family's unique strengths and needs, collaborates effectively with multidisciplinary professionals, and develops practical, individualized interventions that promote safety, stability, and long-term success. She consistently advocates for her families and goes above and beyond to connect them with community resources and supports that enhance their overall well-being.

One of Kaylee's greatest strengths is her initiative and dedication to professional growth. She consistently seeks out additional resources, researches evidence-based interventions, and implements creative strategies to help families achieve meaningful progress. She approaches challenges with professionalism, flexibility, and determination while maintaining a calm, compassionate presence. Kaylee welcomes feedback, demonstrates excellent self-awareness, and continually strives to strengthen her clinical knowledge and skills. Her work ethic and commitment to lifelong learning are exceptional qualities that will serve her well throughout her counseling career.

I highly recommend Kaylee Andersen for any clinical, counseling, or mental health program opportunity. I am confident that she will continue to grow into an outstanding mental health professional and will make a meaningful, lasting impact on the lives of those she serves. Any organization or program would be fortunate to have Kaylee as part of their team.

Sincerely,

Alisa Ryan

Alisa Ryan, LMHP

Clinical Director of Counseling Services
Compass Counseling